

## INTRAVENOUS SEDATION PRE-OP INSTRUCTIONS

1. **FASTING:** Do not eat or drink anything (including water) for at least six (6) hours prior to the scheduled appointment time.
2. **MEDICATIONS:** Take **ALL** prescription medications with a **small** amount of water.
3. **HYDRATION:** The **day before** procedure, please drink plenty of water. Do not drink any alcoholic beverages.
4. **DRIVER:** There must be a responsible adult (over 18 years of age) to drive the patient home. **The driver must come with the patient and remain at the office.** If the appointment is over two hours, the driver may leave, however, must be available by phone and able to return to the office within five minutes. The driver must be available for the patient and will make no other appointments or meetings. **It is suggested that the patient have a responsible adult stay with him or her for the remainder of the surgery day.**
5. **MINORS:** Minors (under 18 years of age) must be accompanied with a parent or legal guardian.
6. **CLOTHING:** Please wear a loose fitting shirt, blouse or top — non-restricting clothing.
7. **DRIVING:** Patients who have had intravenous sedation should not drive a vehicle or operate machinery until the next day.

**NOTE: IN THE BEST INTEREST OF OUR PATIENTS, THE ABOVE INSTRUCTIONS MUST BE FOLLOWED. ANY INSTRUCTION NOT FOLLOWED WILL RESULT IN CANCELLATION OF THE APPOINTMENT.**

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